

Providing Families, Friends and Communities the skills to save lives.

A non-accredited Class

THE FAMILY & FRIENDS CPR PROGRAM PROVIDES FAMILIES, FRIENDS, AND COMMUNITY MEMBERS THE OPPORTUNITY TO LEARN CPR IN A DYNAMIC SETTING.

This program can be used in a variety of creative ways to teach lifesaving CPR skills to communities.

Some examples include:

- Neighborhood or condo associations
- Parent/teacher meeting program
- Church groups
- Senior groups
- Sports organizations

PROGRAM CONTENT INCLUDES:

- Adult & Child CPR and Choking
- Demonstration of an A.E.D. (Automatic External Defibrillator)
- Making the Emergency Call

“Our Family Helping
Your Family”



The Family & Friends CPR Program is for those who want to learn CPR but do not need a course completion card. This program is specifically designed for those who prefer to learn in a group environment with feedback from an instructor.

Approximate program time is three (3) hours.

Training may be conducted at our facility or yours. Classes are available every other month on site or schedule a class for a group of six (6) or more.

2009 Class Schedule

Dec. 5, 2009 0900-1200

2010 Class Schedule

Jan 16	0900-0100
Mar 13	0900-0100
May 22	0900-0100
Jul 24	0900-0100
Sept 25	0900-0100
Nov 6	0900-0100



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**Schedule your
class today by
calling:**

708-349-0074

Ask for: **FREE** Family
& Friends CPR

“Effective bystander CPR, provided immediately after cardiac arrest, can double a victim’s chance of survival. About 75% to 80% of all out-of-hospital cardiac arrests happen at home, so being trained to perform cardiopulmonary resuscitation (CPR) can mean the difference between life and death for a loved one.”

(American Heart Association)