

Providing Families, Friends and Communities the skills to save lives.

“Our Family Helping Your Family”

THE FAMILY & FRIENDS CPR PROGRAM PROVIDES FAMILIES, FRIENDS, AND COMMUNITY MEMBERS THE OPPORTUNITY TO LEARN CPR IN A DYNAMIC SETTING.

This program can be used in a variety of creative ways to teach lifesaving CPR skills to communities.

Some examples include:

- Neighborhood or condo associations
- Parent/teacher meeting program
- Church groups
- Senior groups
- Sports organizations

PROGRAM CONTENT INCLUDES:

- Adult and Child CPR and Choking
- Demonstration of an A.E.D. (Automatic External Defibrillator)
- Making the Emergency Call

The Family & Friends CPR program is for those who want to learn CPR but do not need a course completion card. This program is specifically designed for those who prefer to learn in a group environment with feedback from an instructor.

Approximate program time is 3 hours.

Training may be conducted at our facility or yours. Classes are available every other month on site or schedule a class for a group of 6 or more.

2008-2009 Class Schedule

Dec. 13, 2008	0900-12:00
Feb. 14, 2009	0900-12:00
Apr. 25, 2009	0900-12:00
June 13, 2009	0900-12:00
Aug. 15, 2009	0900-12:00
Oct. 17, 2009	0900-12:00
Dec. 5, 2009	0900-12:00



www.orlandfire.org

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Schedule your class today by calling:

(708) 349-0074

**Ask for:
Friends and Family CPR**

It's FREE

“Effective bystander CPR, provided immediately after cardiac arrest, can double a victim’s chance of survival. About 75 percent to 80 percent of all out-of-hospital cardiac arrests happen at home, so being trained to perform cardiopulmonary resuscitation (CPR) can mean the difference between life and death for a loved one.”
(American Heart Association)